Alcohol and Chemical Dependency Treatment Program for Healthcare Professionals
Program Overview

Recognized as a national leader in alcohol and chemical dependency treatment programs, Marworth’s Healthcare Professionals’ Program blends its philosophy of care with an approach to treatment which understands and recognizes the inherent circumstances of treating the chemically dependent healthcare professional.

Like all of our courses of treatment, our Healthcare Professionals’ Program is founded on the knowledge that chemical dependency is a primary and progressive illness. Although chronic, chemical dependency is treatable, and can be held in continuous remission.

The reality of addicted healthcare professionals is steeped with additional complicated circumstances, which present unique challenges to the treatment process. Marworth recognizes that sophisticated defense mechanisms keep the individual trapped in denial. Concerns surrounding both community status and professional issues such as license issues, career management and professional re-entry also present barriers for the individual. These issues are compounded by the nature of the healthcare professionals' environment – easy access to pharmaceuticals and high stress levels – and demand enhanced treatment planning.
Services

While maintaining the integrity of the traditional 12-step, self-help model for recovery, we have blended the following additional components into our Healthcare Professionals' Program:

- Admissions 24 hours a day, 7 days a week (Call 1-800-442-7722 to make admissions arrangements)
- Detoxification
- Intensive group therapy with other healthcare professionals
- 12-step program education
- Re-entry planning for the transition back to work, family and community
- Complete medical examination and monitoring
- Nursing coverage 24 hours a day
- Relapse and re-entry groups specially designed for healthcare professionals
- Weekly Caduceus meetings (12-step meetings for physicians)
- Strong collaboration with state medical societies

Treatment Structure

Phase I: The Primary Care Phase is designed to assess, educate, counsel and guide healthcare professionals in understanding the nature of the disease of alcoholism and chemical dependency, and to accept their diagnosis and introduce the recovery process. Education about 12-step involvement, in addition to group, individual and family therapy, is the cornerstone of primary care.

Phase II: The Extended Care Phase is designed for individuals who require additional time in treatment. Healthcare professionals with relapse and treatment resistance problems and/or a dual diagnosis may need the support of extended care. Through a structured re-entry process, the Extended Care Phase provides healthcare professionals the opportunity to "reality test" what they have learned in Primary Care. Integration into local Alcoholics Anonymous, Narcotics Anonymous, and approved home visits build the framework for healthcare professionals to return to a functional life while remaining abstinent.
Professional Staff

Marworth providers are dedicated to helping addicted individuals choose the road to recovery and stay on course. The credentials of our professional team demonstrate our commitment to providing compassionate care in a structured program with a blend of successful and current approaches. Our team includes:

- A Medical Director board-certified in psychiatry and addiction psychiatry and certified in addiction medicine by the American Society of Addiction Medicine (ASAM).
- An Associate Medical Director board-certified in emergency medicine and certified by the American Society of Addiction Medicine (ASAM).
- Credentialed Social Workers experienced in the alcohol/chemical dependency field.
- Experienced Primary Counselors trained specifically in treating healthcare professionals.
- A Director of Nursing certified in addiction nursing.
- An Admissions Director who is a master level social worker with extensive experience in addiction treatment and working with healthcare professionals.

Recreation Program

Marworth offers a low elements ropes course and other experiential learning mediums that are directed by certified recreation therapists. These activities promote an array of recovery themes and are particularly effective with healthcare professionals because they foster group problem-solving capabilities and help the individual learn to trust others, ask for help and learn to confront compulsive/impulsive behaviors.

By accomplishing group tasks in a recreational context, healthcare professionals are able to confront coping styles commonly associated with their profession, such as intellectualization and rationalization. Through the recreational program, individuals are also able to participate in physical exercise, an essential component of recovery, health and safety.
Family Involvement

Because the disease of addiction affects everyone in the addicted individual’s family, our family program has adapted to the distinctive circumstances surrounding addicted healthcare professionals.

Our ongoing educational series provides basic information to those who are concerned about or have been affected by chemical dependency. Family therapy is provided concurrent to the healthcare professional’s treatment.

In addition, Marworth offers a full-day psycho-educational program conducted by a family therapist, focusing on:

- Educational discussion, films, lectures and facts about the disease of chemical dependency and its effect on family and loved ones.
- Group discussion offering support and understanding.
- Individual family conferences designed to address personal issues.
- Introduction to Al-Anon family groups (Recommended as an avenue for continuing support in local communities, Al-Anon is a vital link for families.)
- Introduction to Ala-Teen is available for children who have been affected by a family member’s addiction.

Our Commitment to Excellence

According to New Standards, Incorporated, a Minnesota-based research firm that collected outcome studies of alcohol and chemical dependency treatment, our patients have a higher abstinence rate one year after their treatment at Marworth than patients in a national, objectively matched comparison group. They are also more satisfied with their care.

In addition to achieving high one-year recovery rates, Marworth inpatients reported high levels of satisfaction with their treatment experience - overall and with several specific components.
Accreditation & Licensure

Marworth is licensed by the Pennsylvania Department of Health Office of Drug and Alcohol Programs and is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

Focus on Recovery

We treat our patients as individuals with unique histories, lifestyles and values. The common thread weaving these patients’ lives together is their suffering from a disease that recognizes no boundaries… occupational, social, gender nor educational.

Our course of treatment is personal and compassionate, yet firmly rooted in our established model for recovery. A structured and intense clinical program employs a variety of therapeutic techniques in working with the addicted individuals and their families.

Communication

We are especially sensitive to the needs of our referral sources, managed care organizations and family members. We understand the importance of continuous communication throughout the course of treatment. Our experience has demonstrated that the working relationship between referral sources and our clinical staff greatly enhances the individual’s success in treatment. We also realize the importance of family involvement.

Payment

Marworth is an approved treatment provider for many managed care organizations and insurance plans. The fee for inpatient treatment covers room, board and all aspects of treatment and medical services. Personal items, neuropsychological testing and external dental and medical services are excluded from this fee. Most insurance plans cover at least part of the treatment provided to healthcare professionals. We explore every opportunity for payment options with the individuals and their families.
Finding your way

Marworth is nestled in the rolling hills of Northeastern Pennsylvania. The facility and its surroundings promote dignity, respect and serenity... environmental essentials for successful dependency treatment. We are also convenient to several interstate highways and the Wilkes-Barre/Scranton International Airport. For detailed directions, visit our website at www.marworth.org
Nestled in the rolling hills of Northeastern Pennsylvania, the Marworth estate promotes dignity, respect and serenity...environmental essentials for successful dependency treatment. Marworth served as the family estate for three generations of the Scranton family from 1931 to 1981. The estate name is derived from the first names of Margery and Worthington Scranton, parents of former Pennsylvania Governor William Scranton.