Alcohol and Chemical Dependency Treatment Programs
Marworth Overview

Recognized as a national leader in alcohol and chemical dependency treatment, Marworth has developed highly specialized treatment programs that incorporate a person’s unique medical circumstances as well as consideration of personal lifestyles and specific obstacles to recovery.

All of our courses of treatment are founded on the knowledge that chemical dependency is a primary and progressive illness. Although chronic, chemical dependency is treatable, and can be held in continuous remission.

Our treatment plans are built upon the foundation of the 12-step, self-help model for recovery. A medical assessment is completed to identify the individual’s stage of the disease.

In order to direct patients to the most appropriate level of care for their particular stage of the disease process, evaluations are completed in accordance with guidelines and protocols established by the American Society of Addiction Medicine (ASAM) and the Diagnostic Statistical Manual IV of the American Psychiatric Association.
Levels of Treatment

Inpatient treatment is designed for individuals experiencing symptoms related to acute or chronic drug and alcohol symptoms. Outpatient (partial hospitalization) is available and appropriate for people seeking help early on in the disease process when symptoms are less severe. Four levels classify the stages of treatment, with level four being the most severe stage.

**Level IV:** This level of treatment is designed for addicted individuals who may be experiencing medical and/or surgical complications requiring hospitalization in an acute care facility (offered through Geisinger Wyoming Valley Medical Center, Wilkes-Barre.)

**Level III:** Identified as detoxification and rehabilitation, this level of treatment includes the medical monitoring process used to help the individual overcome the physical effects of alcohol and drug withdrawal. Level III treatment also establishes the foundation for continuing recovery through a structured treatment experience including group, family and recreational therapy.

**Level II:** This level of treatment includes intensive outpatient treatment and partial hospitalization, and is designed to accept patients directly into the program. It may also be appropriate for individuals who have completed residential treatment.

**Level I:** Outpatient, designed for those individuals requiring ongoing or extended therapy as a major part of continuing care, Level I also addresses marital and family issues and other addiction-related problems.
Special Programs

Healthcare Professionals’ Program
Addicted healthcare professionals present unique challenges to the treatment process, and for this reason Marworth has developed a Healthcare Professionals’ Program. Marworth recognizes sophisticated defense mechanisms that keep the individual trapped in denial. Concerns surrounding both professional and community status also present barriers for the individual. These issues are compounded by the nature of the healthcare professional’s easy access to pharmaceuticals and high stress environment, and demand enhanced treatment planning with specialized professionals.

Uniformed Professionals’ Program
Marworth’s Uniformed Professionals’ Program blends its philosophy of care with an approach to treatment that understands and recognizes the circumstances of treating chemically dependent police officers, firefighters and all uniformed professionals. The dynamic nature and inherent circumstances of their profession expose uniformed professionals to extreme levels of stress, trauma, physical and psychological danger. The Uniformed Professionals’ Program recognizes and responds to personal and professional issues including post-traumatic stress disorder, back to work implications, special family dynamics and confidentiality issues.

Dual Diagnosis Program
Marworth offers a Dual Diagnosis Program to meet the special needs of adult patients who are alcoholic or chemically dependent and have also been diagnosed with a psychiatric disorder. Key components of the Dual Diagnosis Program include special group and education programs. These customized services are designed to support the individual’s recovery by focusing on the solutions to recovery barriers and building self-trust as well as trust in others.
Admissions

Marworth admissions professionals are available to arrange admissions, facilitate transportation, schedule evaluations and assist with insurance verifications. Individuals may self-refer to Marworth or be referred by family members, physicians, community-based drug and alcohol programs, employee assistant professionals or clergy. Please call 1-800-442-7722 to make admissions arrangements.

Professional Staff

Marworth providers are dedicated to helping addicted individuals choose the road to recovery and stay on course. The credentials of our professional team demonstrate our commitment to providing compassionate care in a structured program with a blend of successful and current approaches. Our team includes:

• A Medical Director board-certified in psychiatry and addiction psychiatry and certified in addiction medicine by the American Society of Addiction Medicine (ASAM).
• An Associate Medical Director board-certified in emergency medicine and certified by the American Society of Addiction Medicine (ASAM).
• Credentialed Social Workers experienced in the alcohol/chemical dependency field.
• Experienced Primary Counselors trained in treating healthcare and uniformed professionals.
• A Director of Nursing certified in addiction nursing.
• An Admissions Director who is a master level social worker with extensive experience in addiction treatment.

Additional Treatment Tools

Recreation program

Marworth offers a low elements ropes course and other experiential learning mediums that are directed by certified recreation therapists. In addition to physical exercise, an essential component of recovery, health and safety, these activities promote problem-solving skills, learning to trust others, asking for help and confronting compulsive/impulsive behaviors.

Family Involvement

Our family program offers ongoing education about chemical dependency and family therapy concurrent to the patient's treatment. Marworth also offers a full day psycho-educational program conducted by a family therapist that includes educational and group discussions, family conferences and introduction to Al-Anon and Ala-Teen.

Our Commitment to Excellence

According to New Standards, Incorporated, a Minnesota-based research firm that collected outcome studies of alcohol and chemical dependency treatment, our patients have a higher abstinence rate one year after their treatment at Marworth than patients in a national, objectively matched comparison group.

In addition to achieving high one-year recovery rates, Marworth inpatients reported high levels of satisfaction with their treatment experience - overall and with several specific components.
Accreditation and Licensure

Marworth is licensed by the Pennsylvania Department of Health Office of Drug and Alcohol Programs and is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

Focus on Recovery

We treat our patients as individuals with unique histories, lifestyles and values. The common thread weaving these patients’ lives together is their suffering from a disease that recognizes no boundaries… occupational, social, gender nor educational.

Our course of treatment is personal and compassionate, yet firmly rooted in our established model for recovery. A structured and intense clinical program employs a variety of therapeutic techniques in working with addicted individuals and their families.

Communication

We are especially sensitive to the needs of our referral sources, managed care organizations and family members. We understand the importance of continuous communication throughout the course of treatment. Our experience has demonstrated that the working relationship between referral sources and our clinical staff greatly enhances the individual’s success in treatment. We also realize the importance of family involvement.

Payment

Marworth is an approved treatment provider for many managed care organizations and insurance plans. The fee for inpatient treatment covers room, board and all aspects of treatment and medical services. Personal items, neuropsychological testing and external dental and medical services are excluded from this fee. Most insurance plans cover at least part of the treatment provided to healthcare professionals. We explore every opportunity for payment options with the individuals and their families.
Finding your way

Marworth is nestled in the rolling hills of Northeastern Pennsylvania. The facility and its surroundings promote dignity, respect and serenity... environmental essentials for successful dependency treatment. We are also convenient to several interstate highways and the Wilkes-Barre/Scranton International Airport. For detailed directions, visit our website at www.marworth.org
Nestled in the rolling hills of Northeastern Pennsylvania, the Marworth estate promotes dignity, respect and serenity...environmental essentials for successful dependency treatment. Marworth served as the family estate for three generations of the Scranton family from 1931 to 1981. The estate name is derived from the first names of Margery and Worthington Scranton, parents of former Pennsylvania Governor William Scranton.

MARWORTH
Treatment Center

1-800-442-7722

WWW.MARWORTH.ORG